

# A Look at Elves and Fairies.

By Paul Dale Roberts - HPI Elficologist & Fairyologist

Yep! I am snatching up two more titles to place under my belt. Call me an Elficologist and a Fairyologist. Because I am going to give you, the reader a fast history lesson on elves and fairies. Have I ever hunted fairies and elves? Well sort of. When I went to Ireland, I was looking for the elusive leprechaun. Of course I never found a leprechaun, but I did travel down fairy path at Dublin Castle. Then the most recent Mount Shasta excursion, in which a dozen paranormal investigators went looking for ghosts, UFOs, Bigfoot, the Last of the Lemurians and fairies. Dwarfs and fairies have been seen going in and out of the caverns near Mount Shasta. But, I believe these dwarfs and fairies have their origins to the infamous 'grays' of UFO lore.

There is a lot that connects fairies to UFO lore, let's look over some of the examples. Fairy Circles could be interpreted in modern times as crop circles or UFO landing spots. Fairies are known to be mischievous at times. They have abducted humans. Grays are known to abduct humans. Fairies have been known to fly in lighted globes. Aliens man UFOs. Fairies are known to snatch human babies. Aliens experiment with human DNA and are responsible for false pregnancies. Aliens are known to create hybrids, half human and half alien species to populate their dying race. Fairies cause temporary paralysis. Aliens also cause temporary paralysis. Fairies cause time loss and the forgetting of the abduction experience. Abductees of the 'grays' make claim to the same thing. Fairies return their abductees to the point of origin. Aliens do the same thing. Some people say that fairies at times look reptilian. Some aliens are known to look reptilian. Hmm..is that a coincidence? To be truthful, I believe there is a connection between UFOs and fairies. I also believe that UFOs are connected to our Norse - Roman/Greek - Egyptian - Mayan - Aztec myths, but that's a whole other story.

Let's briefly talk about elves. Elves and fairies on certain levels can be somewhat similar. My theory is that elves are a branch from the fairy bloodline. Elves originated with Germanic mythology. In fact if you travel to Europe, there are many people that still believe in elves. Elves were known as minor nature and fertility gods. They were looked upon as youthful and having great beauty. They are somewhat small in stature and have pointy ears. They are known to reside in underground places, caves, wells and springs. Some elves embrace the forest. In Germany's Black Forest it is rumored that a race of elves live in this mystical forest. Other reports from the Black Forest is about a man that was covered in fire, that actually flew from the forest trees to a church steeple. When the townsfolk tried to stone him, he flew away never to be seen again. Some people have called this man on fire, the Fire Elf. It is thought that elves are immortal and have magical powers. Since I believe Elves and Fairies are actually in the same family, we will look at the variety of fairies and elves, placed together conveniently for you the reader.

**Altheia** - She is the fairy of revelation. She is protector of criminals that harbor in deception and fraud.

**Asrais** - Are known to be small delicate female fairies. When these fairies are captured and exposed to sunlight, they will melt away into a pool of water.

**Banshee** - When someone close in the family is dying, a Banshee, (female spirit) will make a

wailing sound. This wailing sound is the signal that death is approaching.

**Blue Ladies, Ice Virgins & Mountain Fairies** - All are in the same family. They are the size of a wasp, in fact humans mistake them for wasps. They do not like humans touching their hair and will lead humans astray into the Valley of Forbidden Shadows.

**Blue Trolls** - These are worker trolls, used by high command elves for slave labor. Note: Small blue creatures have been seen by abductees that are used for workers for the 'Grays'.

**Boggarts** - A breed of half elf and half fairy. These creatures were the same ones that gave a sleeping liquor beverage to Rip Van Winkle (written by Washington Irving), which caused him to sleep for 20 years.

**Bogles** - Villainous goblins that will do harm to liars and murderers.

**Brownies** - They love humans and their households. They are known to be benevolent and harmless. If anything, they are helpful.

**Bully Bogey** - Inspires brutality and oppressive actions. Known to have a fetid breath.

**Dwarfs** - They are short, stocky and strong. They mature at the age of 3 and at the age of 7, they are old, bearded and gray haired. If they are struck by sunlight, they will turn to stone. They practice magical spells and potions that at times make them immune to daylight.

**Dryads** - Spirits that live in the trees. They prefer oak trees. Druids utilize Dryads for inspiration.

**Elves** - Their appearance makes them look like a normal man or woman. Small in stature and have pointy ears. They are divided by the Seelie and Unseelie Courts.

**Elvenkind of Shangri-La** - A Tibetan mystical land that are guarded by the invisible Elvenkind of Shangri-La. These elves carry swords, spears and shields and will defend Shangri-La.

**Elven Warriors of the First Blood** - They seek conquest of lands belonging to other little people. Their weapons are the bow and arrow, spears, swords, shields. They are able to go from our world into another dimension through a dimensional rift. When people see them on their horses, it looks like they are vanishing, when in reality they are entering another dimensional world. They are known to wear long flowing capes and frightening masks.

**Filendieres & Spinners of the Night** - They are average human size. They are known to punish the lazy. They will encourage people that work hard and give them strength. They appear as ghosts. They are seen as ladies of long white dresses, extremely beautiful, pale with blonde hair.

**Fir Darrig** - (Pronounced Fear deang) They play horrific jokes that may cause a human to have a stroke or a heart attack. They can assume any visage they wish.

**Flower Myrths** - Harmless fairies that live off the pollen of flowers. They are mistaken for humming birds, until people take a closer look and see a human like creature with beating wings.

**Gnomes - Earth Elementals.** They live underground and guard the treasures and history of

the Earth. Gnomes are wonderful metal workers, especially of swords and breastplates.

**Goblins** - Goblins are an uglier species of fairy. They are small and malicious, and usually band together as they have lost their abilities to operate independently. Usually they are controlled by a Mage for evil doings.

**Gobbly Gooks** - Small shadowy creatures that usually hide in human's closets and underneath their beds. They are known to enter your dreams and nightmares and will pull pranks on humans.

**Gremlins** - Tormented WWII pilots by messing with the mechanisms of their warplanes, causing some warplanes to crash.

**Gwagedd Annwn** - (Pronounced: Gwageth anoon) Are traditionally Welsh water fairies, who occasionally take human men for husbands.

**Gwyllion** - A Scottish water fairy. They are mostly seen as a hairy men or hideous female spirits who waylay and mislead travelers by night on the mountain roads. Mountain fairies like to sit on rocks on either side of a mountain path and silently watch people as they pass by.

**Helpful Hob** - These little people help in the kitchen and love to eat bread and buns.

**Hobgoblins** - Small, grotesque but friendly brownie-type creatures.

**Hobbit** - Fictional little people created by author J.R.R. Tolkien. See the books *The Hobbit* and *Lord of the Rings*.

**Knockers (Buccas)** - These creatures protect and look over the welfare of miners. They will even make knocking noises where rich ore can be located.

**Leprechauns** - They have a fond appreciation of gold and will hoard gold away from humans. If you capture a leprechaun, they are commanded to grant you one wish and share their wealth with you. They can be tricky and can use your wish against you, if you don't command the wish correctly.

**Mer-People- Also known as mermaids.** They dwell in the water and are half human from the waist up and have a tail of a fish. They are mesmerizing singers who sometimes lure fishermen to their deaths (See the Lorelei of Germany that lured sailors to their deaths against the rocks of the Rhine River). Also called the Murdhuacha (Pronounced: muroo-cha) or Merrows.

**Naga** - They can appear as a cobra. When in human form, the female Naga is a graceful and elegant dancer. They will lure a male human to them with their dancing and swiftly turn into a cobra and strike a lethal blow.

**Nang-faa & Phi-bird** - They are tiny. Their skin is golden. They have jet black hair and are gorgeous womenfolk. Some of their body like arms and legs are made up of feathers.

**Nymphs** - Two type of Nymphs. The Nereids, which are tall. The Limoniades which are small and live on flowers. Other Nymph breeds are the Dyrads, who live in forests. They are 2 to 3 feet in height. They are known to protect trees.

**Pixies** - Pixies can shapeshift to look like hedgehogs. They are mischievous fairies who enjoy

playing practical jokes on humans. They also love to steal horses to ride.

**Phouka** - Can appear in various animal forms and are considered to be dangerous.

**Primrose** - Primrose fairy will touch certain rocks with a primrose and open gateways to fairylands.

**Queen Brighid the Bright - She is from Tir Tairngiri** - The Land of Promise. She carries a wand, one half of the wand will dealt out authority, while the other half will dealt out purity and justice.

**Redcap** - One of the most evil of the old Border Goblins. He lives in old ruined towers and castles, particularly those with a history of wickedness. He re-dyes his cap in human blood. Redcaps have been known and seen around the Tower of London.

**Shefro** - Male fairies who wear green coats and red caps.

**Sídhee (shee)** - The name for fairies and their subterranean dwellings. A barrow or hill which has a door to a beautiful underground realm of the Tuatha or fairies. J.R.R. Tolkien used this concept with the Hobbit.

**Sluagh** - The Host of the Unforgiving Dead. The most formidable of the Highland fairies.

**Spriggans** - Are fabled to be ugly, grotesque and small in their natural state, but can inflate themselves to gigantic proportions. Spriggans are an infamous band of villains, skilled thieves, thoroughly destructive and often dangerous. They are capable of robbing the dwellings of humans, kidnapping human children and exchanging the human child with a repulsive baby Spriggan.

**Tempestaries** - They are gigantic to human size. They live in cloud castles and are known to eat Souffles & vol-au-vents.

**The Willies & the Dancers of the Mist** - They are the size of a 'sheaf of mist'. They are vaporous creatures and are known to eat mist. They can shapeshift to a doe or a swan.

**Trolls** - Have an aversion to daylight. They are frequently observed performing a curious lop-sided dance called 'Henking'.

**Trows** - Similar to the Trolls and have an aversion to daylight. They also perform the dance known as the 'Henking'. Trolls and Trows are perhaps cousins. Trolls have a flatter head, while Trows have a more angler head.

**Urisk** - Is a solitary fairy who haunts lonely pools. He will often seek out human company, but his frightful appearance will scare off humans that come into contact with his kind.

**Water Fairies** - Are the providers of food, nourishers of crops and takers of lives. They combine beauty with treachery and lethality. They can be friend or foe.

**Wart Wogs** - Grotesque elves that stand at 4 feet in height. They are known to have warts all over their bodies. When they touch a human, they will pass on the wart infliction to their human victim.

**Wind Banshee** - A beautiful female elf that is invisible to the naked eye and will travel with the wind. When she stops and manifests in front of a human she will talk in a soft voice and tell the human about an impending disaster or tragedy that will occur in their life. She will then fade with the wind and vanish.

**Yellow Blurker** - Filled with negativity, known to enter your dreams and nightmares.

At some point of time, I plan to travel to Iceland, an island that is filled with little people that live beneath the stones. In Iceland there are elves, lovelings, gnomes, trolls, huldufolk and light fairies. Icelanders take little people very seriously and when they think they are invading the space of little people, they will reroute a shopping mall to keep the little people happy. If you ever go hunting for little people, use my list to identify what kind of little people you are dealing with. You can then make claim that you are an Elficologist or Fairyologist that has the ability to identify and deal with the small folk you have encountered. Happy little people hunting! Bag one for me!

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